

INTENSIVE OUTPATIENT PROGRAM WEEKLY SCHEDULE

The Blanchard Institute’s Intensive Outpatient Program (IOP) treatment helps clients develop healthy behavioral patterns to focus on their transition back to a substance-free, productive life. As clients progress further into recovery, they will develop an increased awareness of themselves and others, especially in terms of accountability. We offer both AM and PM sessions for flexibility within clients’ busy schedules.

Morning (Day) Intensive Outpatient Program Schedule					
DIOP	Monday	Tuesday	Wednesday	Thursday	Friday
8:45 - 9:00 AM	Check-In	Check-In	Check-In	Check-In	Check-In
9:00 - 10:15 AM	Psycho-Educational Lecture	Psycho-Educational Lecture	Psycho-Educational Lecture	Psycho-Educational Lecture	Psycho-Educational Lecture
10:15 - 10:30 AM	Break	Break	Break	Break	Break
10:30 - 12:00 PM	Process Group	Process Group	Process Group	Process Group	Process Group

Evening Intensive Outpatient Program Schedule					
EIOP	Monday	Tuesday	Wednesday	Thursday	Friday
5:45 - 6:00 PM	Check-In	Check-In	No Evening IOP	Check-In	No Evening IOP
6:00 - 7:15 PM	Psycho-Educational Lecture	Psycho-Educational Lecture	No Evening IOP	Psycho-Educational Lecture	No Evening IOP
7:15 - 7:30 PM	Break	Break	No Evening IOP	Break	No Evening IOP
7:30 - 9:00 PM	Process Group	Process Group	No Evening IOP	Process Group	No Evening IOP

If you have further questions regarding what to expect through our IOP treatment, the benefits treatment provides, or you want to know whether this program is a good fit for you or your loved one, call us today at **704.288.1097** or visit our website at **theblanchardinstitute.com**.

